



SOCIAL SUPPORT


Do you require support services?

- ▶ Aboriginal Housing Society Indigenous support program
- ▶ Central Interior Native Health
 - Support Worker Services
- ▶ Central Interior Native Health
 - Social Work Services
- ▶ Nak'azdli Whut'en First Nation
 - Advocate 
- ▶ Positive Living North
 - Support Services 
- ▶ Prince George Native Friendship Centre
 - Emergency Resources/Volunteer Program

Are you looking for somewhere to get a warm meal today?

- ▶ Carrier Sekani Family Services
 - Community Linkages (soup bus)
- ▶ Central Interior Native Health Society
 - Natsoolyis' (Let us Rest)
- ▶ Positive Living North
 - Fire Pit Cultural Drop in Centre
- ▶ Prince George Native Friendship Centre
 - 2nd Avenue Co-Ed Shelter

Do you need to talk to an elder?

- ▶ Central Interior Native Health
 - Cultural Services
- ▶ Lheidli T'enneh Nation
 - Elders Society 
- ▶ Positive Living North
 - Fire Pit Drop Cultural Drop in Centre
- ▶ Prince George Native Friendship Centre
 - Cultural Advisor

Do you need harm reduction materials including Naloxone?

- ▶ Central Interior Native Health
 - Harm Reduction
- ▶ Positive Living North
 - Harm Reduction and Outreach
- ▶ Prince George AIDS Prevention Program/Needle Exchange
 - Harm Reduction and Outreach

WOMEN

Are you a woman looking for housing?

- ▶ Prince George Native Friendship Centre
 - Tsee'Koo Huba Yoh (supported housing)

Are you interested in learning more about staying safe in the community?

- ▶ Native Courtworker and Counselling Association of BC (NCCABC)
 - Women's right to be safe publication
 - Indigenous Victim Services Worker

YOUTH

Are you a youth in need of support to reduce poverty and experience better outcomes?

- ▶ Carrier Sekani Family Services
 - Health and Wellness Counselling Program
 - Youth Services
- ▶ McLeod Lake Indian Band
 - Youth Department/Student Support 
- ▶ Prince George Native Friendship Centre
 - Aboriginal Head Start Programs
 - Reconnect Youth Village
- ▶ Prince George Nechako Aboriginal Empowerment and Training Association
 - Trades Access Program
- ▶ Prince George Urban Aboriginal Justice Society
 - Youth Diversion Program
- ▶ Takla Nation
 - Health and Social Service 
 - Youth and Elder Program 
 - Youth Diversion Program 
- ▶ Tsay Key Dene
 - Youth Programs 

Are you a youth in care looking for support?

- ▶ Eagle Nest Community and Aboriginal Services
 - Respite and Outreach Services
- ▶ Prince George Native Friendship Centre
 - FUBU (For Us By Us) Youth in Care Network
 - Friendship Home
- ▶ Native Courtworker and Counselling Association of BC (NCCABC)
 - Family and Youth Advocate

Would you like to attend a youth camp but you don't have the resources?

- ▶ Prince George Native Friendship Centre
 - Children's Summer Camp

Are you a victim of sexual assault requiring support?

- ▶ Native Courtworker and Counselling Association of BC (NCCABC)
 - Indigenous Victim Service Worker
- ▶ Prince George Native Friendship Centre
 - Victim Services Program

POST SECONDARY SUPPORT

Are you a university/college student looking for a culturally safe environment?

- ▶ College of New Caledonia
 - Aboriginal Resource Centre
- ▶ University of Northern British Columbia
 - First Nations Centre



Indicates that you need to be a member of that band/organization to receive services.

HADIH, WELCOME
TO THE UNCEDED
ANCESTRAL LANDS OF
THE LHEIDLI T'ENNEH
Prince George




Below are the services available from Urban Indigenous Organizations.



Indicates that you need to be a member of that band/organization to receive services.

ARTS and CULTURE

Are you looking for arts and cultural activities?

- ▶ Aboriginal Housing Society cultural activities
- ▶ Central Interior Native Health Society - Natsoolyis Cultural Centre
 - Cultural crafts, language, drumming and cultural teachings.
- ▶ McLeod Lake Indian Band
 - Language and Culture Planning 
- ▶ Positive Living North: Fire Pit Drop Cultural Drop in Centre
- ▶ Prince George Native Friendship Centre
 - Cultural Advisor

CHILDREN, PARENTING and FAMILY SERVICES







Do you need a specialist to help you in the early stage development of your child?

- ▶ Prince George Native Friendship Centre
 - Aboriginal Supported Child Development Program
 - AIFDP (Aboriginal Infant/Family Development Program)
 - Nobody's Perfect
 - Circle of Security

Do you need support with your pregnancy/baby?

- ▶ Carrier Sekani Family Services
 - Maternal Child Health Program
- ▶ Central Interior Native Health Society
 - Prenatal Services
- ▶ Prince George Native Friendship Centre
 - Wazdidadih "Beginning the Journey"

Do you need help with issues related to the Ministry for Children and Family Development (MCFD) and/or support from a social worker?

- ▶ BC First Nations Justice Council
 - Prince George Indigenous Justice Centre
- ▶ Carrier Sekani Family Services
 - Family Empowerment Supported Visit Program
 - Mediation and Family Justice Services
- ▶ Native Courtworker and Counselling Association of BC (NCCABC)
 - Prince George Native Youth and Family Advocate
- ▶ Nezul Be Hunuyeh Child & Family Services Society
 - Child and Family Services 
 - Family Preservation Program 
 - Community Wellness Teams 
- ▶ Niwikowin Metis Family Services
 - Family Support Advocacy 
- ▶ Prince George Native Friendship Centre
 - Family Law Legal Advocacy Program
 - Pro Bono Law Clinic
- ▶ Takla Nation
 - Health and Social Services 
- ▶ Tsay Key Dene
 - Family Support Program 

Is your family in crisis and you need intervention/mediation?

- ▶ Prince George Native Friendship Centre
 - The Aboriginal Child & Youth Wellness Program
- ▶ Carrier Sekani Family Services
 - Intensive Family Therapeutic Services

As a parent, do you need some coaching, training to enhance your parenting skills?

- ▶ Carrier Sekani Family Services
 - Wrap around parent guidance and support
 - Urban Family Preservation

Are you looking for a culturally safe day care/child minding program for your little ones?



- ▶ Prince George Native Friendship Centre
 - Little Friends Day Care
- ▶ Niwikowin Metis Family Services
 - Early Years 

Are you looking for arts and cultural activities for your little ones?

- ▶ Niwikowin Metis Family Services
 - Early Years 
- ▶ Nezul Be Hunuyeh Child & Family Services Society
 - Cultural Connections 




ELDERS

Are you an elder seeking support?


- ▶ Niwikowin Metis Family Services
 - Elders connect 
 - Emergency Assistance Funding 
- ▶ Prince George Native Friendship Centre
 - Better at Home program
 - Cultural Advisor

EMPLOYMENT, TRAINING and SKILLS UPGRADING

Do you need employment training or skills upgrading?

- ▶ Carrier Sekani Family Services
 - Bridging to employment
- ▶ Metis Nation BC
 - Employment and Training
- ▶ McLeod Lake Indian Band
 - Employment and Training Department 
 - Workforce Promoter 
- ▶ Prince George Native Friendship Centre
 - Aboriginal Career Development Counselor
 - Learning Circle Literacy Program
 - Smokehouse Hospitality & Catering
 - Smokehouse Food Truck
 - Starting Point
 - Bladerunners
- ▶ Prince George Nechako Aboriginal Employment and Training Association
 - Aboriginal Employment Gateway
 - Aboriginal Gateway Training Centre
 - Trade Tech
 - Pathways
- ▶ Takla Nation
 - Employment and Training 

Do you need nutrition support, advice or training?

- ▶ Prince George Native Friendship Centre
 - Smokehouse Kitchen Program
- ▶ Tsay Key Dene
 - Nutrition 

HEALTH AND WELLNESS


Are you in the medical system and need an advocate to help you communicate with the healthcare staff?

- ▶ Carrier Sekani Family Services
 - Aboriginal Patient Liaison

Do you need help travelling for medical reasons outside of your community?

- ▶ Carrier Sekani Family Services
 - First Nations Health Benefits/Patient Travel
- ▶ Prince George Native Friendship Centre
 - Emergency Resources/Volunteer Program


Do you need mental health services?

- ▶ Carrier Sekani Family Services
 - Health and Wellness Counselling Program
- ▶ Central Interior Native Health Society
 - Mental Health Counsellor and Drug and Addictions Counsellor
- ▶ Positive Living North
 - Indigenous Counsellor
- ▶ Prince George Native Friendship Centre
 - Native Healing Centre
- ▶ Tsay Key Dene
 - Mental Health & Counselling 

Do you need Diabetes education, checkups or testing?


- ▶ Carrier Sekani Family Services
 - Mobile Diabetes

Do you need healthcare services?

- ▶ Carrier Sekani Family Services
 - Nursing
 - CSFS Primary Care Office and Yu Be-yah Clinic
- ▶ Central Interior Native Health Society
 - Clinic Services
 - Medical Services
- ▶ Prince George Native Friendship Centre
 - Pain Control Dental Clinic
- ▶ Takla Nation
 - Health and Social Services 





HOUSING

Are you looking for affordable housing?

- ▶ Aboriginal Housing Society
- ▶ Niwikowin Metis Family Services
 - Temporary Rental Assistance 
- ▶ Positive Living North/Fire Pit Cultural Drop In
 - Housing Support Worker
- ▶ Prince George Native Friendship Centre
 - Friendship Lodge
 - Ketso Yoh
 - Reconnect Youth Village
 - 2nd Avenue Co-Ed Shelter
 - T'se Koo Huba Yoh (women's shelter and transitional housing)

INFORMATION

Are you looking for information/education on what services are available?

- ▶ Aboriginal Housing Society Community Voicemail (VCM)
- ▶ Carrier Sekani Family Services
 - Community Linkages (soup bus)
- ▶ Lheidli T'enneh Nation
 - Education 
- ▶ McLeod Lake Indian Band
 - Education 
- ▶ Native Courtworker and Counselling Association of BC (NCCABC)
- ▶ Nak'azdli Whut'en 
- ▶ Positive Living North
 - Education and Prevention
- ▶ Prince George Native Friendship Centre
 - Employment and Training Department
- ▶ Takla Nation
 - Education (K-12 support services) 

Do you need help with your computer or printing/photocopying services?

- ▶ Prince George Native Friendship Centre
 - Computer Services Department

FINANCIAL / BUSINESS

Do you need help learning about money, budgeting, credit and general finances?



- ▶ Aboriginal Business and Community Development Centre
 - Financial Literacy Program

Do you need assistance starting or upgrading your business?

- ▶ Aboriginal Business and Community Development Centre
 - Business Development Services

JUSTICE and LEGAL

Do you need legal services or advice?

- ▶ Native Courtworker and Counselling Association of BC (NCCABC)
 - Native court worker program
- ▶ Prince George Urban Aboriginal Justice Society
 - Adult Alternative Measures/Indigenous Justice Program
 - Indigenous Cultural Liaison
 - Aboriginal Wellness Reintegration Program
- ▶ Prince George Native Friendship Centre
 - Family Law Advocate
 - Pro Bono Law Clinic
- ▶ BC First Nations Justice Council
 - Prince George Indigenous Justice Centre
 - Community Legal Clinic
- ▶ Takla Nation
 - Justice Department 
- ▶ Tsay Key Dene
 - Restorative Justice Program 

2SLGBTQQIA+

Are you a member of the 2SLGBTQQIA+ community in need of services?

- ▶ Carrier Sekani Family Services
 - Nanki Nezulne (our two spirits) Adult (18+) 2SLGBTQQIA+ Health and Wellness services

Are you a victim of sexual assault requiring support?

- ▶ Native Courtworker and Counselling Association of BC (NCCABC)
 - Indigenous Victim Service Worker
- ▶ Prince George Native Friendship Centre
 - Victim Services Program

MEN

Are you in need of a support network to build your health and wellness in an Indigenous model?


- ▶ Carrier Sekani Family Services
 - Men's Wellness Program
- ▶ Fire Pit Drop in Cultural Centre
 - Dudes Club Meets evenings at the Fire Pit Drop in Cultural Centre
- ▶ Prince George Native Friendship Centre
 - Ketso Yoh
 - Supportive Recovery

SAFETY

Are you a victim of sexual assault requiring support?

- ▶ Native Courtworker and Counselling Association of BC (NCCABC)
 - Indigenous Victim Service Worker

Are you in a situation of pending harm and you need somewhere safe to go?

- ▶ Prince George Native Friendship Centre
 - Victim Services Program
 - Reconnect Youth Village
- ▶ Takla Nation
 - Health and Social Services 

SUBSTANCE USE and RECOVERY / DETOX

Do you need help with problematic substance use and recovery services?

- ▶ Carrier Sekani Family Services
 - Addictions Recovery Program
- ▶ Central Interior Native Health Society
 - Addiction Services
- ▶ Prince George Native Friendship Centre
 - Native Healing Centre