

Issued for Northern BC

There has been an increase in overdose events across the Northern region from substances sold as down.

Substances circulating are highly toxic and may be contaminated with benzodiazepines (benzos) causing heavy and prolonged sedation, and requires more naloxone to reverse.

One of the first signs of an overdose is choking, gurgling or snoring sounds.

OVERDOSE ALERT



Call 911
right away
if someone
overdoses

ALERT ISSUED JANUARY 6, 2022

Overdose Prevention Services in the North:

- Needle Exchange, 1108 3rd Ave., Prince George
- Two Doors Down, 1126 3rd Ave., Prince George
- Terrace Intensive Case Management Team, 101 - 4450 Grieg Ave., Terrace
- CSUN, #3 - 445 Anderson Drive, Quesnel
- SNOW House, 833 - 103rd Ave., Dawson Creek

ALERT EXPIRES JANUARY 20, 2022

- Don't use alone, use in an OPS if possible
- If you plan to use alone, use the free Lifeguard or BeSafe app
- Don't mix with other substances
- Carry and know how to use naloxone
- **Call 911** or your local emergency number right away **if someone overdoses**



First Nations Health Authority
Health through wellness