



# Lheidli Whut'en Dustl'us

Issue 01 | Summer Edition



## Chief's Update

By Dolleen Logan

### Exciting Progress & Ongoing Challenges Define the Start for Our New Council

Hello and Happy Summer to all our members. I hope you are taking some time to enjoy summer traditions that eventually turn into family memories. I know we are all enjoying the relaxation of many of the COVID-19 restrictions that guided our lives for most of last year and the early part of this year. My favourite part is being able to gather again and visit with family, friends, and members.

It has been a whirlwind of activity for Council and Administration since the election on April 8. First up was negotiations to purchase the remaining part of LTN Logging. Rather than seek a new partner, Council decided it was time for our nation to own the company outright. After several weeks of negotiations and many meetings, the purchase was completed, and the company is ours! LTN Logging is now owned by our nation and operated by our members. I see this as very exciting progress for us, and it proves that we can control our own future and our own destiny.

However, just as we were celebrating completion of the LTN Logging transaction came news in late May that the remains of 215 children were found in unmarked graves at the Kamloops Residential School. The news brought back a flood of emotions for our members and indigenous people across the country. I cried many times in the days following the news and then it was time to honour the children and their families. Council decided to ask all partners flying a Lheidli flag to lower those to half-mast for 215 days. One day for each of the 215 children who never made it home from the Kamloops Residential School.

Our members gathered in front of Prince George City Hall on June 1st to witness a very emotional event. The following day the scene was repeated in front of the Regional District of Fraser-Fort George office. I have been uplifted by the number of calls of support from individuals and organizations in our community who wanted to know how to properly pay their respects and honour the children and their families.

You will be hearing more about some of these calls in the months to come. I have repeated many times that the discovery in Kamloops and at other residential schools in the weeks since, that this is just another stop on this never-ending journey. A story has a start, middle and an end but a journey continues forever.

I made this point clear to the media when we welcomed a group of indigenous people who were on a memorial walk from Whitehorse to Kamloops to honour the 215 children. The 'Warriors Walk for Healing Nations' group visited our downtown office on July 26 as part of a rest-stop in Prince George. I thanked them for their effort and initiative to help keep the journey of Residential Schools in Canada going and to never stop reminding Canadians about what happened to the young indigenous children who attended the schools. I also repeated this message a week earlier when the Assembly of First Nations (AFN) National Chief Roseanne Archibald stopped by for a visit on July 20. The timing of her visit to our downtown office was perfect as the Government of BC that day had announced funding to help with investigations at all residential schools in BC. Both of us questioned whether the funding would be sufficient to cover all costs related to the investigations. However, we did credit the federal and BC governments for provided some funding to help the indigenous communities conducting the investigations to offset the costs.

I will conclude by thanking those government and business organizations who have reached out to our new Council and indicated that they wish to work with us. It is always easy to focus on the negative and forget that there are also some positives. My message to governments, industry and businesses is to remember that we own our unceded ancestral lands and that if you want to do business in our territory, you need our support and approval. Unfortunately, not every business in our territory or proposing new projects is getting the message.

Our court case against Enbridge continues after we ended negotiations to reach a settlement primarily because the company chose not to respect us and acknowledge the impacts of the pipeline explosion in October 2018. Most recently, we had to issue a declaration stating that West Coast Olefins Ltd. is not welcome in our territory. The company is proposing both a petrochemical plant and a natural gas extraction facility in Prince George. Our community and the McLeod Lake Indian Band told this group in December 2020 that they did not support the petrochemical plant and that there would be no further negotiations about the project. It appears that WCOL is ignoring our message and the realization that we own our unceded ancestral lands and will determine which projects proceed and which do not.

Enjoy the rest of summer and continue to be safe. Enjoy the opportunity to gather with family and friends and enjoy your summer traditions while you have the opportunity.





## Executive Director's Update

By Joe Gosnell

### **New Council and New Priorities Means Transition for Administration**

Happy Summer to all Lheidli members and staff. I hope you are taking time to enjoy the sunshine and warm temperatures with your family and friends. Thanks to the easing of COVID-19 restrictions allowed by the province we are finally able to gather again, and I know that we are enjoying this welcome change in our lives.

With the relaxation of COVID-19 restrictions by the BC Government our Administration began preparing to welcome back all employees to our offices. Many had worked from home for over a year, and it was important to ensure that our employees felt safe and protected when they returned to their offices. I want to thank Council and our Health Center team for their guidance and support in ensuring a safe return to work for all employees.

Through the summer months our management team ensured all operational policies were updated and reflected the workplace in the post-COVID 19 period. We met with staff at the end of July to ensure everyone was aware of our expectation that all policies and procedures will be followed. We emphasized compliance with all policies is required as part of our annual audit and important in our service to members and the nation.

The new Council met soon after the election on April 8 for an orientation session that was spread out over three days. Two of our six Council members are new to this role and it was important that they understood the priorities of the previous Council before they began to consider formulating new priorities. On top of this, Council was busy completing the corporate deal to purchase partnership shares of LTN Contracting Ltd., leaving your logging company totally independent and retaining 100% logging revenues generated.

To suggest that it was anything but a whirlwind start for the new Council and Administration would be a huge understatement.

Part of the transition for Administration to support your new Council was to ensure that we were also able to fulfil our duty to provide services to members, manage the day-to-day operations of the nation, plan and prepare for seasonal emergencies such as floods and fires and continue work on our capital and special projects. I am especially pleased at the progress of construction on the new Health Center on the Northside community. Completion of this project is for the fall 2021.

In addition, we learned this spring Lheidli T'enneh's proposal to develop a new 75 space Daycare Center in Lheidli T'enneh Memorial Park near The Exploration Place had been accepted for funding by the BC Government. Work on development of this project continues and we will keep our community informed as the project moves forward.

While summer continues, Administration is already focused on planning and preparation for a very busy fall. Our annual audit is currently underway, and our Finance team will share the audit results once they are final.

The 2021 LTN AGM was initially scheduled for September 18, 2021, However due to the most recent provincial health order, of increased COVID-19 cases to date, Chief and Council has decided to cancel the AGM all together for the safety of everyone.

Council participated in a day-long governance training session in July led by former Tsawwassen First Nation Chief Kim Baird. The session was especially helpful to our new Council members but also a good refresher for our veteran Council members. During the session Council concluded that it would schedule a meeting this fall to review the current LTFN Strategic Plan (2021-2025) and develop a new Strategic Priorities Action Plan that reflect the current Council's thinking and positions on key issues.

I will conclude my summer newsletter report by thanking our managers and staff for their work and diligence over the past year and half during the COVID-19 restrictions period. I am most pleased that your community fared very well compared to other communities. This suggests to me that our cautious, safety first for members and employees' approach was the correct one.

Finally, I want to recognize some new LTFN history that occurred on August 5. Our Chief and Council meeting was Livestreamed to our Lheidli Facebook page to allow members to view the meeting and participate more fully in our community's business. Chief Logan has stressed the need since she was elected for greater transparency and accountability and this use of technology allows us to achieve these objectives.

Throughout the past few years, we have introduced many positive changes to Lheidli T'enneh internally and externally to operations. With the current Council elect, our roles are to continue and maintain support to Council's priorities throughout their elected term.

I encourage members and staff to enjoy the rest of the summer and I look forward to seeing you at the AGA on September 18.





## Health Update

By Tamara Seymour

Hello Lheidli members,

Speaking on behalf of the health team, we are excited and happy to start seeing more familiar faces as the COVID-19 restrictions ease across our province. We are wishing you all a relaxing and family filled summer during our hot months. As we have been experiencing very hot weather, please be sure to stay safe in the hot conditions and continue to practice social distancing and handwashing in public.

The health team currently consists of four core staff which our newest addition, Kyle Whyte has onboarded as our Health Reception. We are pleased to have a new addition and move towards the transition into the new Health Centre. If you have not been to the Northside lately, the construction of the Health Centre is on-going and progress is looking great. We would like to thank Kyle McIntosh for his dedicated work on this project as there many pieces to make this project come to life.

Our team has been working on program planning, reporting for year end and continuing to support members regarding medical requests, travel inquiries, equipment requests. COVID-19 vaccine clinics were hosted in the Health Centre led by our Community Nurse Jennifer with the support of the health staff and FNHA/Northern Health Nurses. Lheidli T'enneh has had a positive outcome for members and families receiving the first and second doses of the Moderna vaccine. I want to thank all involved in making the clinics successful as it takes a lot of work to pre-plan and ensure everything is in place to hold multiple clinics. A big thank you to Nurse Jennifer, Health Staff, Northern Health and First Nation Health Authority in all the work conducted to make vaccines available to the Lheidli T'enneh Nation.

Programs are beginning to take place in person as we are following the latest restrictions from the BC Provincial Governments as our vaccine rates are doing well in British Columbia. Medical support has continued to be offered by Nurse Jennifer and support of the health team. Physio Outreach has been a newer program offered by Central Native Interior Health Society with Tyler that is held in community. This program has been gaining interest from members requiring physiotherapy. Building partnerships and relationships amongst organizations within Prince George has been a priority as we have many members in Prince George who can benefit from various resources in community. The community kitchen program has been on-going through the last year but changed to deliveries rather than cooking in the Health Centre kitchen, this will be slowly transitioning to a in-person program as it was prior. A new program that has started in July is Yoga with Tracy Morin who is a Lheidli member and happy to see members to teach yoga. We are also working with Tracy to offer healing sessions to members who are interested in seeking a session. For more information a poster will be posted on the Health and Family Development FB page, keep your eye out for that and other programs. Any medical or general inquiries, please connect with our team at the Health Centre for further information.

The health team were involved in planning and supporting three gatherings ensuring that restrictions and safety measures were present.

These events were the swearing in ceremony for the newly elected Chief and Council held at the Ron Seymour Memorial Park, a Community Meeting held at the Health Centre for an Elder discussion and Enbridge Update, and a Community Enbridge update held at the House of Ancestors Hall. It has been a pleasure to support and see our members as we are gaining a sense of normalcy from COVID-19.

I would like to acknowledge and send our deepest heartfelt prayers to all Residential School survivors that are still with us today and for all of the children that have been discovered in the recent months from many schools across Canada. With the devastating news of the first 215 children found at the Kamloops Residential School, we are mourning with the Tk'emlúps te Secwépemc First Nation and all Nations across Canada who also facing discoveries within their territories. Our team accompanied Elders and other staff of administration along with leadership in a lowering the Lheidli flag ceremony at City Hall. This ceremony was emotional and raw to witness as we think of what our ancestors and family members endured during the era of Residential Schools and challenges that are still faced today. We stand with our Nation and raise our hands to our survivors who are still with us today. A ceremony for Residential School Survivors will be planned and held at the Health Centre in the near future. We want to thank Elder Darlene for guidance in making prayer pouches and prayer ties. If you would like to get one, we have some at the Health Centre and also at the Brunswick Street office.

A Emergency Planning Committee has been established to oversee planning in community for emergency preparation. This committee involves Joe Gosnell, Duncan Seymour, John West, Wendy Jael, Doug Olson, Tamara Seymour, Jennifer Coleman with attendance of Chief Dolleen. The tasks of this committee are to continue the work that Leo Hebert developed in the current Emergency Plan to date, continuing the important work to secure preparedness in case of an emergency. This work will be on-going and updates will be given to community as plans are completed.

Lastly, I would like to update on the current status of the Health and Wellness Plan for Lheidli T'enneh. The development of this plan is on-going as there has been barriers from COVID-19 that did not allow to conduct in person engagement, now that restrictions are opening up, we would like to hold a community engagement and visioning session. Event information will be provided in the August calendar.

Please stay safe and have a wonderful summer.





## Education Update

By Vincent Joseph & Laura Young



The Education Department would first like to congratulate and welcome the newly elected Chief and Council to office! We look forward to working with all of you, but specifically the new Education portfolio councilors: Crystal Gibbs, Joshua Seymour, and Marcel Gagnon. Welcome to the Education team!

2021 has been a busy and full year so far. We have had to adapt and adjust due to Covid, just like everyone else, but have been able to keep working hard and continue to make progress in all of our initiatives. We continue to work closely with SD57, UNBC, and CNC regarding education matters for our K-12 students, and also our Post-Secondary Education students.

Our conversations with SD57 representatives are frequent and varied. The programs being offered by SD57 are becoming more diverse, and the content is changing so that the curriculum has more Lheidli T'enneh cultural aspects. This is a work in progress, but we are seeing many positive changes at all of the schools including Dakelh language teachings, art-based projects, outdoor learning spaces, and land-based learning. SD57 leadership now recognizes the importance of not only Indigenous curriculum, but that Lheidli T'enneh focused curriculum should take priority since SD57 operates mainly on the unceded traditional territory of the Lheidli T'enneh First Nation.

The local post-secondary schools, UNBC and CNC, continue to welcome and support our students. Each facility has a First Nations center that services Indigenous students and provides many different supports. They also offer tours and information sessions throughout the year so that students can familiarize themselves, learn about the programs, and become more comfortable with transitioning to post-secondary education. These things were put on hold due to Covid; however, if Covid restrictions continue to ease, they anticipate offering these opportunities to students in the coming year. Both schools offer fantastic programs and we continue to encourage our members to work towards attending either of these remarkable institutions.

In July, the Education Department hosted the 2021 Grad Ceremony for Gr 7, Gr 12, and post-secondary students. Since Covid restrictions eased, we were able to invite each student and up to 2 family members to attend an indoor ceremony and luncheon. UNBC, CNC, and LTN Chief and Council presented generous gifts to our grads to acknowledge this milestone. The grads also had an opportunity to get professional photos done with their families. Uda Dune Baiyoh provided a delicious lunch and desserts for our guests to enjoy. A big thank you to all the staff for putting on such a great event!

In closing, the Education Department would like to congratulate all students on their hard work and achievements during the 2020-2021 school year! Also, a friendly reminder to all members to contact Vincent Joseph or Laura Young to ensure that we have your contact information correct and up to date for all of your family members. Please contact us with any questions you may have or if you require our support. We hope you enjoy your summer and have a fantastic break!





## Capital Projects, Asset Management & HR

By Zawad Abedin MSc. (ME, NRES), PGD (HR & SCM)

Hello Lheidli T'enneh! I am excited to communicate with everyone about what is going on in my department. I started with the LTFN administration in March 2020, and gradually, in course of time I was able to contribute to the overall development. I am going to share about the updates of different areas in my department. As the name suggests, my department is responsible for multiple work areas.

### Capital Projects

#### **Roads Improvement – North and South Sides - Status (Substantially Completed)**

This project meets the design guidelines and level of service standards. The upgrades raise the roads above the 200-year flood level, help with emergency response time and enable safe pedestrian use at the roadside. The upgrades will also enable the Lheidli T'enneh Nation to work with neighboring local governments to facilitate area wide flood and fire response in the area. As such, these upgrades are integral to North and South side resident's safety, security and quality of living. The work has been almost completed. At present the contractors are dealing with the deficiencies we identified. After completion, we will have one year warranty period, to get any potential problem fixed, free of cost.

#### **Community Waste Water Management – Status (Design Application Request Submitted)**

This project will enable us toward the transition to community collection system and facilitate healthier environment. We have fast tracked the work and the design application request is submitted. We are in communication with ISC, back and forth, to satisfy any questions or concerns they have.

### Upcoming Projects

There are a few projects in the queue. Those are:

- Fraser River Crossing: We have submitted a feasibility request application for funding. Since it is a mega project, funding decision is critical for planning and commencement of the work.
- LTFN Playground: A new playground will come up. Once the details like location etc. is finalized, we will be able to commence the work.
- Water System Upgrade: Due to the ongoing drinking water advisories for so long, we requested for funding to upgrade the water system. If successful, then the community members will have access to a state-of-the-art drinking water facility. Council have raised the voice since health and safety is the first priority.

## Asset Management

Communities are being challenged to make the best possible decisions with scarce resources for both today's users and future generations. Planning for infrastructure renewals, growth, and new demands amidst increasing service expectations, risk exposure, and financial challenges can put elected leaders and administration in a difficult position. Asset management (AM) helps in this. Asset management is an integrated approach, involving all related departments, to effectively manage existing and new assets to deliver services to community members. The intent is to maximize benefits, reduce risks and provide satisfactory levels of service to the community in a sustainable manner – providing an optimum balance. Good asset management practices are fundamental to achieving sustainable communities.



LTFN administration has taken the approach to effective asset management (AM). Through AM, we are bringing all tangible assets to one department. Housing, Public Works, Maintenance, IT works all together in the system, ensuring an effective and accountable management. Right now, we are gathering data and assembling into the AM software (please refer to the above figure). IT and Maintenance are managed directly under this department.

## Information Technology (IT)

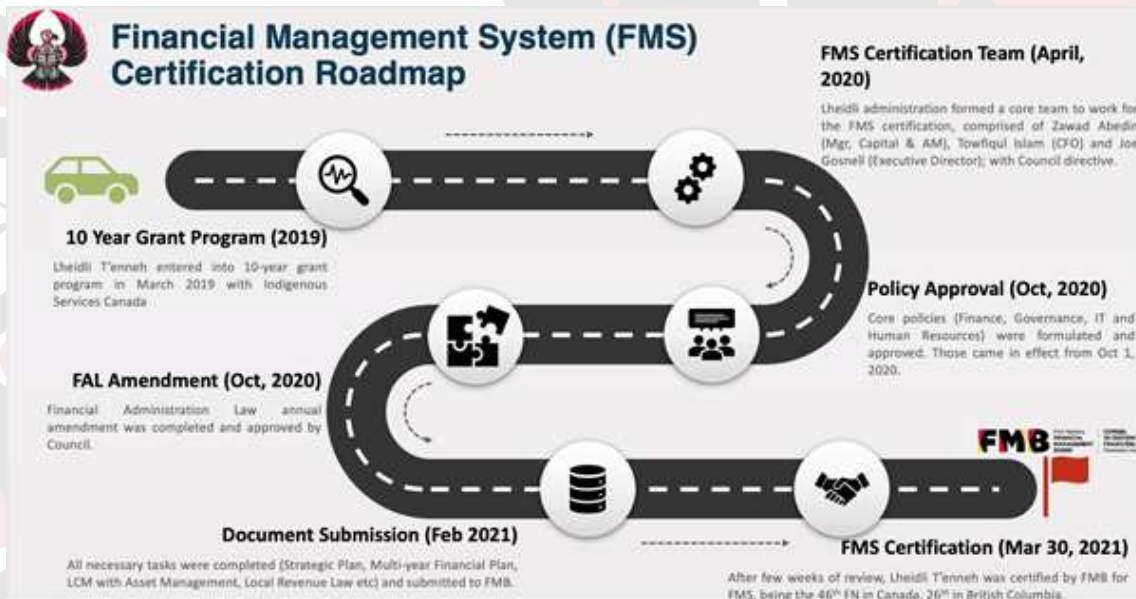
LTFN administration now have own IT competency and managed through this department. With this, we are able to save a significant amount of money since we do not have to reach out to 3rd parties anymore. In addition to that, we can facilitate community needs such as basic computer training etc.

## Human Resources (HR)

Human Resources policy and procedure was prepared and in effect at LTFN administration. We ensure in our department that policy and procedures are being adhered to, and carry out core human resource management activities.

## FMB Certification

We received the FMB certification in March 2021. I am glad to share that I could contribute in the FMB certification process, and this ensures Lheidli T'enneh Nation is operating at global standard. The below roadmap illustrates the journey:



I am always happy and interested to know your comments/suggestions and answer to any queries you may have.



IT Officer

By Meiting Li

Hello! My name is Meiting Li. I recently joined Lheidli T'enneh as an IT Officer. I achieved my bachelor's degree in Communications Engineering from China, and master's degree in Electrical and Computer Engineering at University of Manitoba. My background includes microchip fabrication and automotive industry in Winnipeg. I'm happily married with my husband, and we have an adorable little girl, Ivy. It's an honor to apply my background knowledge to this position, and to serve Lheidli T'enneh members.

The first on-going project is to improve cell phone coverage at the Family Development Office. Boosting signal strength there will ensure better connectivity, fewer dropped calls, and better voice quality in the office.



## Project Manager

By Kyle McIntosh

Haidi,

As Lheidli Teneh's Project Manager I would like to update all community members regarding the current status of the projects I am currently working towards completion.

As we know the Health Centre on the North side is coming along nicely and we should see a finished product in the fall of 2021. There's been a few delays do to the strange and unforeseen circumstances of Covid – 19 but we are getting there. The Centre will be a great addition to community and will help support a better quality of service for all Lheidli members at large on and off reserve, I hope everyone is as excited as I am. David Nairne and Associates Ltd and First Nations Health Authority will be in Prince George on August 3rd to provide updates to Chief and Council.

For all community members who are unaware! Our application for a Day Care at Lheidli Teneh Memorial Park has been approved! We submitted the application November of 2020...this took 7 long months before we received this win, with our signing agreement the province will provide Lheidli Teneh with \$3,000,000 to assist us with funding for the build.

We will be building the Day Care at the corner of Gorse street at the entrance of Exploration Place ( whom we will be partnering up with to help run the education side of the Centre along with Vincent Joseph ) However before we begin the build there are a few steps that need to be taken, first and for most since we plan to build at the park so we have hired Elissa Gagnon from Archer CRM Partnership to start the Archaeological process, this process can take some time as we have to apply for a Heritage Conservation permit with the province. We got really lucky as all involved want this project to move ahead as fast as possible...we received the permit in 1 day! Win! If we happen to find any remains we want to treat them with the honor and respect they never received in the past.

Secondly we will also have to do a environmental assessment on the property as the parcel of land currently home to Recycling and Environmental Action Planning Society (REAPS) and the City of Prince George park maintenance department. These assessments are fairly standard for property exchanges and should proceed quickly. Once we receive the go ahead from Archer and SLR Environmental we can begin the building process. We have started a design build with IDL Projects and Scott Kemp Architects and with guidance from Chief and Council we have come up with very impressive design with a pit house theme, if all goes as planned we should see a finished product late summer of 2022.



## Capacity Development & Training Officer/Workforce Promoter

By Barb Allan

### Projects

#### 1. Pre-Employment Supports Program

A BCR – signed by Chief Dolleen Logan, sent to Indigenous Services Canada, BC Region Prince George Nechako Aboriginal Employment & Training Association (PGNAETA) and Social Development & Employment Training Coordinator, the Capacity Development & Training Officer for Lheidli T'enneh First Nation. Eligible participants must be a resident of Lheidli T'enneh (On-Reserve) and a recipient of Federal Income Assistance

#### 2. Industry Certificates

training plan for two community members, both members will be employed by EDI

#### 3. Request For Funding with British Columbia, for the Workforce Toolbelt training program

Specialized training for the current Fisheries group of 12 participants. The Natural Resources Training Group (NRTG) is providing the Aboriginal Guardian Program (AGP) – a six-week training program, both online and practical. (In Progress)

#### 4. In Partnership with Lhai Ventures LP, Kramer Direct Trenchless Construction General Labourer Training Program,

Starts on August 15, 2021, in Calgary, A.B. Kramer Direct is looking for 4-6 Lhai Ventures LP trainees and upon successful completion will be put to work at the beginning of October 2021 for the Trenchless Construction job(s).

#### 5. Agreement #C19IST022 Indigenous Skills Training Development Fund (ISTDF) Final Report – In Progress

#### 6. Agreement FNSA C-2122-9005 with PGNAETA

Quarterly Report 1 for April 1, 2021 to June 30, 2021 – In Progress





## Lands

By Machel Thomas

### **Comprehensive Community Plan**

The Lheidli T'enneh lands department in conjunction with the Lands Authority hope to embark upon the creation of a Comprehensive Community Planning document that will signal a unified and sustainable approach to develop. Work on this has been curtailed by the pandemic due to the participatory nature of the exercise which will engage and have audience various subsets member groups: on and off reserve. As restrictions continue to be rolled back it is expected work will commence in the late summer early fall.

A completed Comprehensive Community Plan will provide a road map and aid in the development wholesome community of programs.

### **What is a Comprehensive Community Plan?**

Comprehensive Community Planning is an ongoing process that enables a community to plan its development in a way that meets its needs and aspirations in all aspects of community life. Indigenous and Northern Affairs Canada (now Indigenous Services Canada) has been working in partnership with BC First Nations on CCP since 2004. CCP can include, but is not limited to, areas such as: Governance; Land & Resources; Health; Infrastructure Development; Culture; Social; Education; and Economy.

-Indigenous and North Affairs Canada

During the current fiscal year, the department will seek membership input on the issues and areas they deem as priorities for development to forge a path toward developing an even stronger community and Nation at large. The Lands Authority and Law Development

The lands Authority is a group of elected community members whose Role Is to assist in an advisory capacity or when delegated by the authority by Chief & Council to address the community needs related to lands, environment, resources and to develop policy, procedures, structure, and guidance for the members as set forth in the Lheidli T'enneh Land Code.

During this fiscal year the department will be working with the with Lands Authority and Council to develop bylaws. It is expected that some of the laws to be considered will include:

- I. Zoning laws
- II. Animal and Dogs Control laws

The current members of the Land Authority are:

Rena Zatorski  
Elaine Gagnon  
Elissa Gagnon  
Crystal Gibbs

Wendy Jael  
Phyllis Seymour  
Melody Buzas



## Fisheries

By Brian Toth

DFO is forecasting no or little salmon harvesting opportunity in Lheidli Territory in 2021. This is due to DFO's approach to fishery management, forecast returns and the generally poor and/or declining conservation status of chinook and sockeye stocks that return to Lheidli Territory. As in-season information on returns materializes fisheries staff will work to keep you apprised. Some good news; at this time, migrating chinook and sockeye do not seem to be impeded or delayed by conditions at the Big Bar Slide.

Lheidli is supporting emergency chinook enhancement efforts in the upper Fraser in 2021, and will be assisting with chinook brood stock collection from the Chilako River, Willow River, Slim Creek, Torpy River and McGregor system. We will also be supporting sockeye brood stock collection from the Bowron watershed. Radio signal monitoring stations are setup throughout Lheidli Territory to monitor for radio tags being applied near the Big Bar slide site.

Counts of spawning chinook in 8 Fraser tributaries in the Robson Valley will begin the 2nd week of August. Adult sturgeon monitoring efforts have been ongoing since May, and will continue into the fall. A focus in 2021 will be applying additional radio tags to adults. Juvenile sturgeon sampling will be completed in August and September to better understand habitat usage and monitor the presence of hatchery fish from the Nechako River. The Chilako River restoration crew continues to work on river bank stabilization and riparian planting through the summer.





## House of Ancestors

By Crystal Gibbs

Hello everyone,

This last 17 months has been quite challenging for us all with the covid 19 pandemic, fortunately there looks to be a light at the end of the tunnel with vaccination numbers rising and covid 19 cases decreasing tremendously!

My year here at The House of Ancestors Conference Center has been quite a journey. When I started back in May 2020 things were extremely quiet with the province being closed. To date I helped open the HOA Café July 20, 2021 which has been quite successful and has become very well known for our famous 'Bannock donuts'. Within the last 6 months things in the Conference Center have definitely started to pick back up where they left off, with restrictions and guidelines put into place that is. Everyone is so eager to come back together. All those postponed weddings have begun to rebook:)

So our fall bookings have started to fill up so it's looking to be an exciting, eventful end to this year as long as everything continues to go as planned with B.C's re-opening plan. I hope everyone is surviving this heat wave and staying safe and are able to enjoy some much needed family time this summer. I hope to see each and every one of you at upcoming events that we will be hosting in the months to come!





# HOUSE OF ANCESTORS CAFÈ

## DAILY MENU

### BREAKFAST SANDWICH ON BANNOCK

- SAUSAGE, FRIED EGG, & CHEESE.
- HAM, FRIED EGG, & CHEESE.
- BACON, FRIED EGG, & CHEESE.
- FRIED EGG, CHEESE.

### SMOKED SALMON ON BANNOCK WITH CREAM CHEESE, CAPERS, AND ONIONS.

### SOUP OF THE DAY MADE FRESH IN-HOUSE DAILY.

### GRILLED PANINIS -VEGETARIAN -CARNIVORE

### GRAB & GO SANDWICHES A VARIETY OF FRESH READY MADE SANDWICHES.

### CHEF'S CHOICE SPECIAL CHEF'S CHOICE DAILY SPECIAL



## Lheidli's Walk for Change

LEJAC—At least 30 people are walking from the former residential school in Lejac to Prince George this weekend. It's hike that's a distance of more than 150 kilometres and takes more than 30 hours to complete. Following the discovery of the 215 bodies of Indigenous children at the former residential school in Kamloops, Georgina Joseph began to organize The Walk Home From Lejac Memorial.

"That's when I decided that we need to have a voice in our community and that's when I decided to hold this honor walk," said Joseph.

It's a trip that will take about three days. The group is hoping to reach Lheidli T'enneh Memorial Park by August 2nd. Recently, a group from Whitehorse, Yukon passed through Prince George as part of their walk to Kamloops. As of Saturday, the group has made it to Vanderhoof. "Even through the night, we're just walking right through the night. We're just walking nonstop, we're not gonna stop," said Joseph. The group of walkers has an entourage of cars to protect them as they travel along the highway. Rest stops, food and drinks are all provided to make sure that everyone is kept safe and healthy.

The walk isn't just to remember the children who didn't make it home. The group says it's also to enact change. "It's time for a change. It's time. No more of this dilly dallying around. As for the pope: he needs to step up and apologize. Two words: I'm sorry. It's all he has to say," said Edie Frederick, Organizer of Walk.

"The children, they woke up the whole world. They woke up the whole world and it's our obligation to speak for those children that didn't—you know that can't speak. So we're here to speak for them," said Joseph.

Others are using this walk as an opportunity to honour their family members who couldn't be there with them.

"I'm walking in honour of my family—the Mitchell family. In honor of my father. I'm walking for the 215 plus that I've been counting since May 27. I'm walking for their freedom. I'm walking along this highway here for the missing murdered woman as well. But today is about the children."



By Kevin Brown

### **Summer of Special Visitors and LTFN Flags at Half-Mast**

It has been a summer to remember for the Lheidli T'enneh First Nation. Just as COVID-19 restrictions were being lifted and people could gather once again came news in late May of the discovery of the remains of 215 children in unmarked graves at the Kamloops Residential School. That news sent a shockwave across the country as residential school survivors and indigenous leaders expressed their grief and sorrow for the families of the children who never made it home.

Chief and Council acted quickly and requested all partners flying an LTFN flag to lower those to half-mast for 215 days to honour each of the 215 children whose remains were found in Kamloops. Mayor Hall and the City of Prince George invited LTFN to hold an event at City Hall on June 1st for the purpose of honouring the children and their families and to witness the LTFN be lowered to half-mast. Many Lheidli members and indigenous citizens attended the event, and many tears were shed during the event. The next day a similar event was held at the Regional District of Fraser-Fort George building.

The issue of the horrors experienced by many indigenous students at church-run residential schools and the need for more investigations dominated the conversation when the newly elected Assembly of First Nations National Chief Roseanne Archibald paid a visit to Lheidli T'enneh territory on July 20. National Chief Archibald joined LTFN Chief Logan in telling the media that the federal government and the monarchy in England sanctioned and funded various churches to operate the schools and that both needed to be held accountable for their actions. National Chief Archibald also agreed with Chief Logan that the Pope must travel to Canada and apologize to the families of the children found at Catholic run residential schools. This after news that a group of Canadian indigenous leaders had plans to travel to Vatican in December to meet with the Pope and ask that he issue an apology.

Then on July 26 LTFN hosted the 'Walking Warriors for Healing Nations' group at the LTFN Downtown Office to learn more about their walk from Whitehorse to Kamloops to honour the 215 children. The group had travelled 1800 kilometers in one month when they arrived in Prince George for a couple of days rest. LTFN Chief and Council honoured the Walking Warriors for Healing Nations by travelling to Kamloops to join the last stage of the walk on August 9. About 5000 indigenous and non-indigenous people from around BC and across Canada attended a welcoming event held at the Tkemlups te Secwepmc Powwow Arbour. Other special events to honour Kamloops 215 involving LTFN will be held this fall.



Lheidli T'enneh

## SEPTEMBER 2021

SUN	MON	TUE	WED	THU	FRI	SAT
			01	02 Start of Art contest See Poster for details	03 Culligan Water Delivery	04
05	06 OFFICES CLOSED Labour Day	07 Back to School Mobile Support Team in office for this week.	08	09 Community Kitchen Northside	10	11
12	13	14	15 Community Kitchen In Town	16	17 Culligan Water Delivery	18
19	20 Mobile Support Team in office for this week.	21	22 Diabetes Clinic Health Office	23 Community Kitchen Southside	24 Honoring Ceremony Health Office 10AM-2PM Physio Health Office 10AM-3PM	25
26	27	28	29 Community Blanket Raffle H&FD Fbook page 2PM	30 OFFICES CLOSED National Truth and Reconciliation Day		

For more information please contact:  
Health and Family Development Office at (250) 962-9730.  
FB page: Lheidli T'enneh Family Development and Health Services



## Family Development Update

By Melanie Saunders

Over the last few months, the Family Development Program has been busy getting ready for a return to in person programming. Our new program Coordinator Melanie Saunders and assistant Tasheena Seymour have been busy preparing the Family Development Office on the Northside for members as the offices have opened their doors again. Melanie and Tasheena will also have an office at the down town Brunswick Street office location. We are excited to be starting up programs like Community Kitchen for our in-town members again, as well as our long running Men's Group, who are now meeting monthly. There are a few new programs such as the Community lunch hosted twice a month, one at the Health Office on the Northside and one at the Band Office on the Southside of the community. This program is for members to come and visit and enjoy a nice meal together. The ladies usually bring along cribbage boards and cards as well for entertainment.

The Family Development and the Health Programs continue to work closely together as a lot of our program supports overlap in community. There is a Monthly Calendar and event posters posted on the Lheidli T'enneh Family Development Program & Health Services Facebook page, for those interested in keeping up to date with upcoming events.

To search the Facebook page simply enter @LheidliHealthandFamilyDevelopment into the search bar and like the page. You can also message the page to connect with either the Health or Family Development teams.

We look forward to seeing everyone in person again hoping that members are staying happy and healthy in these COVID times, please keep an eye on the facebook page to stay informed on upcoming events and programs.

# PHOTO CONTEST



Cat-  
and Prizes

egory

	People and Culture	Wildlife	Landscape
1st Prize	New Camera	New Camera	New Camera
2nd Prize	\$300.00	\$300.00	\$300.00
3rd Prize	\$100.00	\$100.00	\$100.00

## Requirements:

- High resolution images (minimum 2000 x 1550 px).
- Photos may include wildlife.
- Photos captured within Lheidli Territory.
- Photos may include people or culture.

## Please avoid:

- Group or staged shots of people posing for the camera
- Over-edited photos or photos that have filters applied
- Imagery of alcohol or brands (Coca Cola cans, etc)

## Contest Rules:

- By entering, you agree to abide by all contest rules.
- The contest is open to all membership ONLY.
- Submitting members must own the rights to their submitted photographs.
- Photographs must be horizontal in format.
- Each member may enter up to three photos in the contest.
- Entries will be judged by people on Lheidli T'enneh's official Facebook site. The photo with the most likes will be deemed as first place within the category labelled, the one with the second most will be deemed as second place within the labelled category, and the third most likes within the labelled category will be third place.
- By entering, you grant Lheidli T'enneh permission to use photographs in publication, promotion or on [www.lheidli.ca](http://www.lheidli.ca) as it relates to Lheidli T'enneh business. Photographers will retain intellectual ownership and copyright of submitted photos and photo credit will be given where applicable.
- The person submitting photos will have to sign a release form.

To enter, send photos as attachments electronically to [dseymour@lheidli.ca](mailto:dseymour@lheidli.ca) or send it via Messenger.

Please include your full name, phone number, and location with each entry. The minimum photo submission size is 2000 x 1550 pixels. Entries must be submitted no later than August 31 2021.



Camera with tripod, camera bag, battery, and memory card= \$500.00 value (X3)

# COMMUNITY *Kitchen*

*Meal supplies and recipe provided*

**Delivered at 2pm**

September 9th Northside

September 15th Town

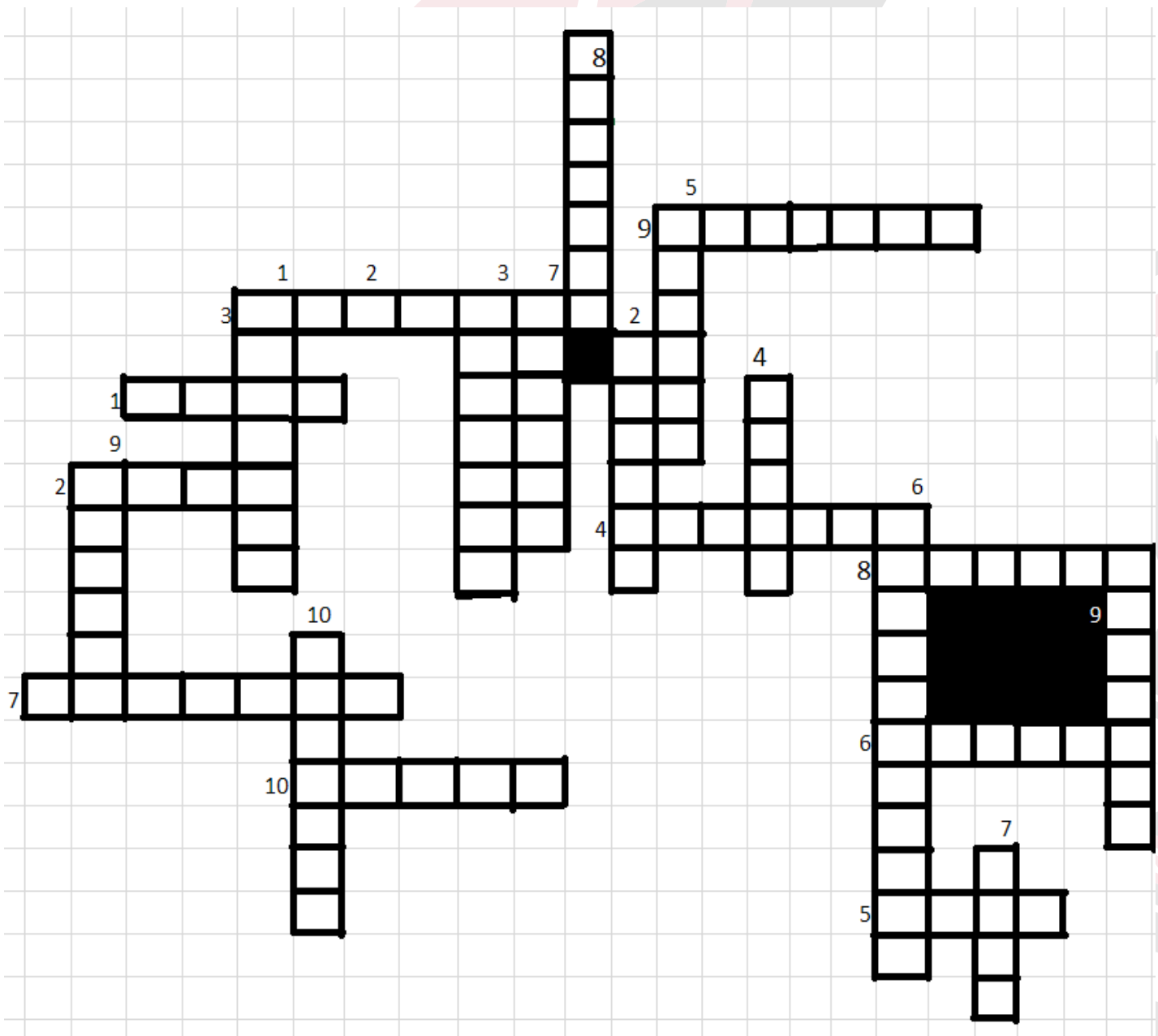
September 23th Southside

If you wont be home between 2pm – 3pm, please call Phyllis to  
advise of another drop off or arrange to pick up

If you wish not to receive meal packages on these dates connect  
with Kyle at reception

(250) 962-9730





#### Across

1. \_\_\_\_ Office.
2. \_\_\_\_ Fuel.
3. \_\_\_\_ Street office.
4. \_\_\_\_ Forest.
5. \_\_\_\_ Paul.
6. \_\_\_\_ street, on the south side
7. \_\_\_\_, fire weed in carrier.
8. \_\_\_\_ Seymour Memorial Park
9. First name of the current Chief
10. \_\_\_\_ first name of the Communication Clerk

#### Down

1. Another name for frybread
2. A Councillor
3. A family name.
4. Hi in Dakelh
5. Another name for Carrier
6. \_\_\_\_ Territory
7. Street name on the South Side
8. \_\_\_\_ T'enneh Nation.
9. Last name of the one of the previous Chiefs
10. Street name on the Northside

# FUN PAGES

S	V	M	V	V	N	D	Z	L	C	K	Y
C	C	S	G	M	Z	M	X	B	Y	P	B
Z	D	U	S	T	L	U	S	B	H	U	B
D	H	M	N	F	G	E	L	T	P	S	T
I	D	M	A	T	T	E	R	H	W	N	R
L	R	E	L	K	C	D	T	D	E	B	S
Y	M	R	L	C	D	E	S	M	E	S	S
D	F	D	P	O	T	L	U	C	K	S	H
T	L	K	R	N	E	I	F	J	E	Y	D
F	H	C	D	N	R	Y	S	K	N	R	S
D	E	H	Y	A	R	X	Y	S	D	D	J
J	I	I	S	B	I	Z	T	B	E	R	K
H	D	L	R	T	T	D	A	K	E	L	H
B	L	D	T	D	O	T	E	G	H	R	T
S	I	R	C	B	R	B	Z	X	U	R	H
S	D	E	B	Y	Y	Z	C	R	R	C	H
T	E	N	N	E	H	Y	H	L	Y	S	

## Word Find

Summer	Potluck	Matter
Lheidli	Dakelh	All
Territory	Bannock	Mess
Dustlus	Children	Tissue

### FIND DIME

Find a dime in the Summer Edition and bring it down to the BSO and claim the first second or third prize.



Hint 1: If you want to get in touch with your past, bring one of thier pamphlets with you to the downtown office, or name the place.

Hint 2: This is a good place to get you pause checked

Hint 3: Fill up your tank or fill up your belly at this hotspot

Hint 4: You can find a lot of these on the ground that indicates fall is on its way

### WIN A GIFT CARD!!

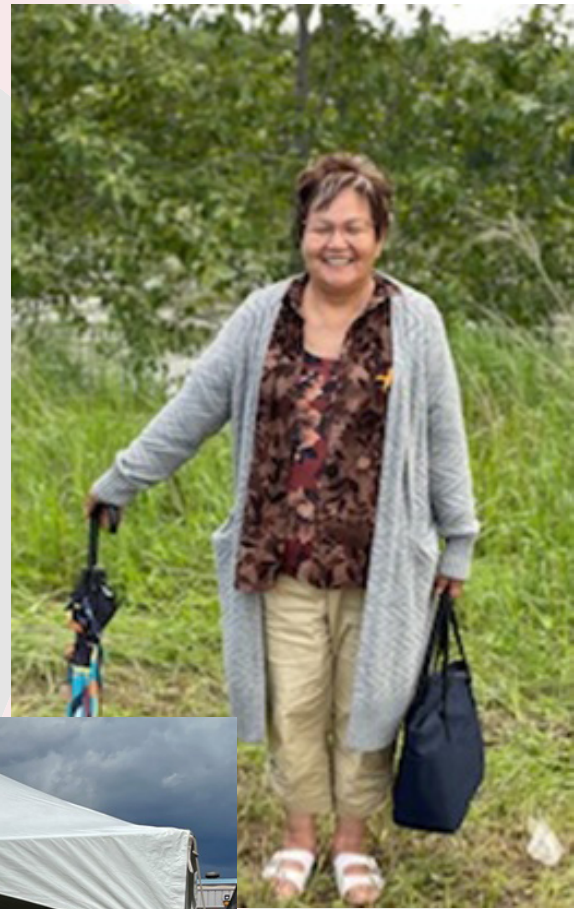
BRING YOUR ANSWERS DOWN TO THE DOWNTOWN OFFICE (150 BRUNSWICK ST) AND SHOW IT TO **TAMMY**.

IF YOU ARE THE FIRST PERSON TO BRING THE ANSWERS DOWN AND WIN THE \$100.00 GIFT CARD.

IF YOU ARE THE SECOND PERSON TO BRING THE ANSWERS DOWN AND WIN \$50.00 GIFT CARD.

IF YOU ARE THE FIRST PERSON TO THE ANSWERS DOWN TO THE 150 BRUNSWICK WIN A \$25.00 GIFT CARD.





# Work with Me People!



Well it has been a long time since I have put out a Newsletter and I hope people forgive me for the tariness. Better late than never I always say.

We the administration have been called back to work so I hope everyone is being safe and washing hands as well as keeping a safe distance. I am hoping by the end of the year everything will have returned to normal whatever normal means.

I have to talk about the 215 children's remains found at a the site of a resdenial school. My father Roy Seymour often talked about Lejac from the age of 5 years old.

He mentioned how the brothers would often single out him and Frank Sr Frederick, Clifford Quaw for what ever reason and they would physically abuse them.

My dad loved to play hockey and one game against the brothers where they won and that meant a beating would follow. Watching Cliffor Quaw's interview on CKPG when he witnessed a brother hitting my dad with a hammer in his hand knocking out his fromt teeth, brought tears to my eyes casue he told me that story and Clifford validated his story. Thank you Clifford I so appreiate you for telling that to whoever watched that interview.

Another story he talked about was on Sundays would mean Corn Flakes for breakfast and hot dogs for lunch at the Lake front with swimming as a fun day.

I never felt so proud of the participants who walk from Lejac (Fraser Lake) to Prince George, Thank you I only wish that I could have been one of the walkers, maybe next time.

## Contact Information

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Prince George, BC  
V2L 2B3

Learning Health & Learning  
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